

- Season 2018-2019

## By League - List of Number of permitted Substitutions,

### Number of Players required for the Front Row, and Number of Permitted Interchanges.

League	Level	No. of Subs	No. of FR	Interchanges
North Premier	5	3	1	8
North 1 West	6	3	1	8
North 1 East	6	3	1	8
Cumbria 1	7	3	1	8
Lancs/Cheshire 1	7	3	1	8
Cumbria 2	8	5	1	10
Lancs/Cheshire 2	8	5	1	10
Lancs/Cheshire 3	9	5	1	10
Yorkshire 1	7	3	1	8
Yorkshire 2	8	3	1	8
Yorkshire 3	9	5	2	10
Yorkshire 4 (North West)	10	5	2	10
Yorkshire 4 (South East)	10	5	2	10
Durham/Northumberland 1	7	3	1	8
Durham/Northumberland 2	8	3	1	8
Durham/Northumberland 3	9	5	2	10

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